



Planning Workshops for Individuals

Aligning Boomers with Organizational Goals

PRODUCT OVERVIEW

Wisdom Worker Solutions has been designed to enhance the alignment of boomer executives, managers and employees with the organization's goals. Based on the Eight Elements Essential for a *Vibrant Life After 50*® this immersive learning experience helps each participant create an individual life plan.

Led by trained facilitators and coaches, the workshop has been designed for 8-12 participants. Facilitators provide a framework and important information to help participants understand the next phase of personal and work life, and to anticipate relevant issues.

The process involves group interaction to explore shared issues, but also ensures time for personal reflection and planning.

One major workshop theme is to utilize career experiences and build new workplace skills so that participants can continue to contribute meaningfully while planning for work reduction or even traditional retirement. The workshop sets the stage for workforce-related dialogue between the participant and the workshop sponsor (employer) regarding career plans.

PRODUCT FEATURES

Facilitated workshop - an eight-or twelve-hour, guided exploration of the Eight Elements Essential for a *Vibrant Life After 50*, led by two certified My Plan After 50 facilitators.

Interactive learning - sessions with peers, designed to take into account the participants' work experiences.

Workbook - an in-depth planning guide with multiple tools and exercises on each of the Eight Elements Essential for a *Vibrant Life After 50*.

Goal Focused - participants develop individualized plans for their own *vibrant* life after 50.